

School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3-Mar	4-Mar	5-Mar	6-Mar	7-Mar
Sliced Roast Ham 4 .oz Mashed Potatoes 1 cup Green Peas 1/2 cup Dinner Roll Sliced Pears 1/2 cup 1% Milk; Plain or Chocolate	Chicken Salad 1/2 cup Cole Slaw 1/2 cup Dinner Roll +1tsp Marg. Fortune Cookie 1 each 2.oz Raisins Whole Orange Milk 1% or Skim	Baked Chicken Patty 3.oz White Rice 1/2 cup Broccoli 1/2 cup Hamburger Bun Whole Banana 1% Milk; Plain or Chocolate	Macaroni 3/4 cup & 3.oz Ham Cassarole Green Beans 1/2 cup Dinner Roll Whole Orange 1% Milk; Plain or Chocolate	Cheese Pizza Tossee Salad 1 cup w/ FF Ranch Apple Sauce 1/2 Cup 1% Milk; Plain or Chocolate
10-Mar	11-Mar	12-Mar	13-Mar	14-Mar
BBQ Chicken 1/2 cup w/ Whole Grain Bun Baked Beans 1/2 cup Cole Slaw 1/2 cup Sliced Apples 1/2 cup 1% Milk; Plain or Chocolate	Country Fried Steak 2 .oz w/ Beef Gravy 2.oz Mac & Cheese 3/4 cup Tossed Salad 1 cup w/ F/F Ranch Dressing Dinner Roll Sliced Pears 1/2 cup Milk 1% or Skim	1/2 Day	Hamburger 3 .oz w/ Cheese 1 .oz Tatter Totts 1/2 cup Carrots 1/2 cup Dinner Roll Pineapple Juice 1% Milk; Plain or Chocolate	Pepperoni Pizza Carrot Stix 3 .oz w/ FF Ranch Whole Orange 1% Milk; Plain or Chocolate
17-Mar	18-Mar	19-Mar	20-Mar	21-Mar
Beef Stroganoff 3/4 cup w/ Egg Noodles 1/2 cup Green Beans 1/2 cup Wheat Roll w/ margarine Whole Orange 1% Milk; Plain or Chocolate	Chicken Alfredo 1 cup Penne Pasta 1/2 cup Broccoli 1/2 cup Dinner Roll Whole Apple Topped w/ Cinnamon Milk 1% or Skim	Teriyaki Chicken 3 .oz Yellow Rice 1/2 cup Peas 1/2 cup Dinner Roll Fortune Cookie Pineapple Chunks 1/2 cup Milk 1% Chocolate or Skim		No School
24-Mar	25-Mar	26-Mar	27-Mar	28-Mar
No School	Hamburger 3 .oz w/ Bun Tatter Totts 1/2 cup Carrots 1/2 cup Ketsup 1 packet Whole Apple Apple Sauce 3 .oz 1% Milk; Plain or Chocolate	Chicken Parmesan 3 .oz Spaghetti & Sauce 1/2 cup California Blend Vegetable Medley 1/2 cup Garlic Bread Stick Whole Banana Milk 1% Chocolate or Skim	BBQ Beef 1/2 cup w/Bun Corn 1/2 cup Spiced Apples 1/2 cup Tossed Salad 1 cup w/ F/F Ranch Dressing Whole Orange 1% Milk; Plain or Chocolate	Pepperoni Pizza Carrot Stix 3 .oz w/ FF Ranch Whole Apple 1% Milk; Plain or Chocolate
31-Mar	1-Apr	2-Apr	3-Apr	4-Apr
Sliced Roast Ham 4 .oz Mashed Potatoes 1 cup Green Peas 1/2 cup Dinner Roll Sliced Pears 1/2 cup 1% Milk; Plain or Chocolate	MARCH			

Sugar Creek
Charter School

